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| **SURBHI** | |
|  | **Assistant Professor, Member of Counseling and Mental Health Awareness Cell, Department of Applied Psychology, Ramanujan College, University of Delhi, Kalkaji, New Delhi-110019**  **Academic Counselor at IGNOU** |
| * **Pursuing PhD in Cognitive Psychology** * **Qualified NET-Lectureship in 2014** * **Diploma in Community Mental Health for Psychologists from NIMHANS Digital Academy, Bangalore (2021)** * **Post- Graduation(2015): M.A. Psychology, Faculty of Arts (North Campus), Department of Psychology, University of Delhi** * **Graduation (2013): B.A. (Hons.) Applied Psychology, Vivekananda College, University of Delhi** |
| **Contact info**  **Mobile: 9873346906, 8630083191**  **Email:** [**gautamsurbhi1@gmail.com**](mailto:gautamsurbhi1@gmail.com)  [**gautamsurbhi39@gmail.com**](mailto:gautamsurbhi39@gmail.com) | **AREAS OF INTEREST:**  **Counseling Psychology, Neuropsychology, Clinical Psychology, Industrial Psychology, Research Methods** |
| **SUBJECTS TAUGHT:**  **Counseling Psychology, Clinical Psychology, Systems in Psychology, Stress Management, Developmental Psychology, Research Methods, Group Processes, Introduction to Psychology, Biopsychology, Understanding Psychological Disorders** | |
| **CONFERENCES-SEMINARS PRESENTATIONS AND PARTICIPATIONS**  **• (December 2018) Presented Research Paper on “*Cultural Influence on Object Localization: A Literature Review”* at National Academy of Psychology at University of Delhi, Delhi**  **• (December 2018) Presented Research Paper on *“Perspectives on Euthanasia and Living Will”* at National Academy of Psychology at University of Delhi, Delhi**  **• (February 2017) Presented Research Paper on *“Movie Analysis for Understanding Sports Psychology in India”* at International Conference of Indian Academy of Applied Psychology at University of Rajasthan**  **• (September 2016) Presented Poster on *“Values and Beliefs among the generations”* at National Conference at Mata Sundri College for Women, University of Delhi**  **• (September 2016) Presented Research Paper on *“Intergenerational Conflict and Stress”* at National Conference at Mata Sundri College for Women, University of Delhi**  **• (April 2016) Presented Research Paper on “*Social Representation of God in Hinduism”* at International Conference at Ramanujan College, University of Delhi** | |
| **PUBLICATIONS**   * **Kumar A., Misra I, Surbhi. Hemispheric Lateralization for Processing Emotional Stroop Like Task Among Right and Non- Right Handers. Journal of Positive School Psychology. Volume 6, Issue 8. Page No. 3515- 3525 (August,2022)** * **Tiwari D.N, Kumar Ashwini, Surbhi, Nayan R., Pandey A.R. Primed Orientation (Self and Other) and Life Satisfaction: Examining Coping Strategies as the Mediator and Education as the Moderator across Indo-Pakistan Border. Journal of Positive School Psychology. Volume 6. Issue 6. Page no. 10243-10255. 2022 (August, 2022)** * **Yadav N, Kumar Ashwini & Surbhi. Comprehending Psychological Impact on Students During Lockdown. Bulletin of Environment, Pharmacology and Life Sciences (Special Issue) 2022. Volume 1 (April,2022)** * **Surbhi, A. Kumar & N. Yadav. Hidden Power of Being Simple: Learnings During Covid 19. Vidyabharati International Interdisciplinary Research Journal (Special Issue) Part 9.Page No. 1276. ISSN No. 2319-4979 (September,2021)** * **Surbhi, N. Yadav & A. Kumar. Orientation towards Environmental Change and its relation with Mental Health during Covid-19 Pandemic. Turkish Online Journal of Qualitative Inquiry. Volume 12. issue 01, January 2021, 218-237 (January,2021)** * **Chapter on “An Exploratory Study to Analyze the Impact of COVID-19 on the Daily Lives of People: A Focus Group Discussion” in Health Informatics and Technological Solutions for Coronavirus (Covid-19). Taylor and Francis Group. ISBN: 9780367704179 (hbk) ISBN: 9780367751210 (pbk) ISBN: 9781003161066 (ebk) (June,2021)** * **Chapter on “*Stress and Stress Management*” in the book *“Guidance and Counseling”*. ISBN NO. 978-81-945153-4-0** * **Tamanna Tiwari, Suniti, Ashapurna Das & Surbhi. *Perspective on Euthanasia and Living Will*. Journal of the Gujarat Research Society. Volume 21 Issue 10** * **Nirupuma Yadav & Surbhi. *Hypnotherapy as an Emerging Field or an alternative treatment in the field of therapy*. International Journal of Higher Education and Research. Volume (10) ISSN: 2277-260X** * **Tamanna Tiwari, Suniti, Ashapurna Das & Surbhi. *Euthanasia: Review*. Think India Journal . ISSN: 0971-1260** * **Chapter on *“Participatory Role of Teacher in Special Education” in the book “Special Education: Issues and Challenges”* ISBN NO. : 978-81-942110-4-4** * **Chapter on *“Cognizance of Language and its Components: Listening, Understanding, Speaking, Reading and Writing Skill”* in the book *“Pedagogy of English”* ISBN No.: 978-81-940502-9-2** * **Shikha Golcha & Surbhi (2019). *Movie Analysis for Understanding Sports Psychology in India*. International Journal of Research and Analytical Reviews** * **Surbhi, Nirupama Yadav & Dr. Ashwini Kumar (2019)*. Role of God and Religion in Healing in Post-Disaster Settings.* International Journal of Scientific Research and Reviews** | |
| **TEACHING EXPERIENCE**   * **(August 2021- December 2021) Worked as *Guest Lecturer* at Deen Dayal Kaushal Kendra, Ramanujan College, University of Delhi** * **(August 2019- Present) Working as Faculty *Member*, Counseling Cell, Department of Applied Psychology, Ramanujan College, University of Delhi** * **(January 2019- Present) Working as *Assistant Professor* at Department of Applied Psychology, Ramanujan College, University of Delhi** * **(January 2017- Present) Working as *Academic Counselor* at Indira Gandhi National Open University, Delhi** * **(August 2017- July 2019) Worked as *Counseling Psychologist* at Ramanujan College, University of Delhi** * **(July 2017- November 2018) Worked as *Guest Lecturer* at Department of Applied Psychology, Ramanujan College, University of Delhi** * **(July 2018- December 2018) Worked as *Guest Lecturer* at Deen Dayal Kaushal Kendra, Ramanujan College, University of Delhi** * **(January 2018- April 2018) Worked as *Guest Lecturer* at Department of Psychology, Rajguru College of Applied Sciences, University of Delhi** * **(September 2016 – November 2016) Worked as *Guest Lecturer* at Department of Psychology, Jesus and Mary College, University of Delhi** * **(January 2016- April 2016) Worked as *Guest Lecture*r at Department of Applied Psychology, Ramanujan College, University of Delhi** | |
| **WORKING EXPERIENCE (APART FROM TEACHING)**   * **Invited as Guest Speaker for topic “Mental Health: Let’s do it” for a session on 9 June 2023 at the Add on Certificate Training Course in Guidance and Counseling organized by Lakshmibai College, University of Delhi** * **Invited as Guest Speaker for topic “Move for Mental Health” for a session on 29 October 2022 organized by Jindal Global Business School** * **Invited as Guest Speaker for topic “ Need for Mental Health” for a session on 20th October 2022 for a project of TISS** * **Invited as Guest Speaker for topic on “Mental Health Awareness” for a session on 15th July 2022 organized by Department of Commerce, Ramanujan College, University of Delhi** * **​​Invited for lecture on “Scope of Counseling” for a session on 9 June 2022 at the Add on Certificate Training Course in Guidance and Counseling organized by Lakshmibai College, University of Delhi** * **Invited as Resource Person by Sushant University to speak on topic “Mental Health in Times of Covid 19 and beyond” on (July 15, 2021)** * **(May 2017- June 2017) *Internship* at Department of Psychiatry and Drug De- Addiction Center, Lady Hardinge Medical College & Smt. S.K. Hospital, New Delhi** * **(October 2015 - January 2016) *Research Assistant* at Project “Social Networks affect human pair choice in different populations” at Department of Experimental Psychology, Oxford University** * **(September 2015- February 2016) Worked as *Counselor* at Hope Network and www.LocalOye.com** * **(June 2014 – August 2014) Worked as *Intern* in National Mission On Education(NMEI) and University Grants Commission(UGC) Project** | |
| **ACADEMIC WORK**   * **(August 2020) Organized Webinar on “Enhancing Psychological Skills for Teaching and Practice”** * **(May 2020) Organized Webinar on “*Stress Management during Quarantine”*, Student Welfare Committee, Ramanujan College, University of Delhi** * **(October 2019) Organized *“Mental Health Awareness Campaign for Suicide Prevention”* for students of Ramanujan College, University of Delhi** * **(September 2019) Organized National Seminar on *“Globalization, Diversity and Equality: Challenges for Indian Society”,* Ramanujan College, University of Delhi** * **(December 2018)** **Worked as part of Organizing Committee in *“National Academy of Psychology”* 2019 organized by Department of Applied Psychology, Ramanujan College, University of Delhi** * **(April 2016) Worked as part of Organizing Committee in International Conference on *“Indian Mind and Societal Concerns: An Interdisciplinary Dialogue”,* Ramanujan College, University of Delhi** | |
| **ACHIEVEMENTS**     * **Completed Faculty Development Programme on “Online Refresher Course in Psychology” organized by Teaching Learning Center and Center for Psycho-Social Resource Development and Training, Ramanujan College, university of Delhi (April, 2021)** * **Attended workshop on “Coding Qualitative Data using NVivo” (July, 2020)** * **Participated in Online Interactive Training Webinar on “Cognitive Behavioral Therapy :Applied in Indian Settings” (May 2020)** * **Completed Beginners Level in *“Drawing and Doodle Analysis”* by Posity (May 2020)** * **Participated in Live webinar on *“Understanding Tele-Counseling”* by Department of Psychology, Patrician College of Arts and Science, Tamil Nadu (May, 2020)** * **Completed Faculty Development Programme on *“Managing Online Classes and Co-Creating MOOCs”* organized by Ramanujan College, University of Delhi, Delhi (May, 2020)** * **Completed WHO Certification for *“COVID- 19: Operational Planning Guidelines and COVID-19 Partners Platform to support Country Preparedness and response”* (May, 2020)** * **Completed Faculty Development Programme on “*Teachers, Teaching, and Taught: Discovering new Meanings, Relationships, and Purpose”* organized by Ramanujan College, University of Delhi, Delhi (January, 2020)** * **Completed *“Level one – An introduction to Clinical Hypnosis”* certified by California Hypnosis Institute, California, USA** * **Recipient of *“University Post Graduate Scholarship”* (2013-2015)** * **3rd *POSITION HOLDER* in “University of Delhi”(2010-2013)** * **1st *POSITION HOLDER* in “Vivekananda College, University of Delhi” consecutively for two years(2011-2013)** * **Won *SECOND POSITION* in Power Point Presentation Competition in Vivekananda College, UNIVERSITY OF DELHI” (2013)** * **Recipient of “GEETIKA NAGPAL KHURANA SCHOLARSHIP” and “NAMAN AHLUWALIA SCHOLARSHIP” for academic excellence (2012-2013)** * **Won first position in English POETRY in Vivekananda College, University of Delhi” (2012)** * **Scored Highest Marks in “ENTREPRENEURSHIP” in 12th board examination (2010)** | |
| **PERSONAL WORK**   * **Working as Freelance Speaker at Myndkare (June,2021)** * **Working as Freelancer Mentor (Counseling Psychology) at Fairgaze (June,2020)** * **Working as Freelancer Career Counselor at Thriive.in (June, 2020)** * **Found “Psych.Oasis” as an initiative towards Career Counseling and Mental Health Awareness (May, 2020)** * **Started Working as Key Expert in “Karuna Improving Mental Health” started by DSVV , Haridwar** * **Conducted Series of Webinar on “Basics of Counseling” for undergraduate students of Applied Psychology, Ramanujan College (May, 2020)** * **Conducted Webinar on “Career Pathways in Psychology” for students of XII standard (May,2020)** | |