

Ramanujan College

FACULTY PROFILE

FIRST NAME	SHALINI	MIDDLE NAME (if any)		PHOTOGRAPH (ATTACH BELOW) 
LAST NAME	SHARMA			
DEPARTMENT	Applied Psychology			
DESIGNATION	Assistant Professor			
GENDER	Female			
LANGUAGE PROFICIENCY	English, Hindi			
ADDRESS	Flat 108 Doctors Apartment, Vasundhara Enclave, Delhi-96			
EMAIL	shalinisharma@ramanujan.du.ac.in			
EDUCATIONAL QUALIFICATIONS:				
DEGREE	INSTITUTION	YEAR		
PhD	University of Delhi	2014		
M.A (Psychology)	University of Delhi	2004		
B.A (Applied Psychology)	University of Delhi	2002		
CAREER PROFILE: TEACHING EXPERIENCE				
More than 10 years of teaching experience.				

CAREER PROFILE: INDUSTRY EXPERIENCE

NA

ADMINISTRATIVE ASSIGNMENTS: (List any administrative roles or responsibilities you have held)

Convenor, Mental Health awareness and Counseling Cell, Ramaujna College (2019-2023)
Convenor, Outreach Society of college from July 2022-July 2024
Convener of Eco-club, Ramanujan College, from 2014-2015

AREAS OF INTEREST / SPECIALIZATION: (Highlight your specific areas of interest or fields of specialization within your subject area)

Organizational Behaviour
Positive Psychology
Health Psychology

SUBJECTS TAUGHT: (List all the subjects you have taught)

Industrial and Organizational Psychology
Organizational Behaviour
Positive Psychology
Health and Well-being
Counselling Psychology
Statistics and Research Methods in Psychology
Developmental Psychology

COURSE DEVELOPMENT: (Mention any courses you have developed or contributed to designing)

NEP, B.A (H) Applied Psychology
1) Psychology of Positive Living
2) Health and Well-Being

RESEARCH GUIDANCE: (Provide details on research supervision, indicating the number of doctoral and postgraduate students guided)

1. One PhD student enrolled

PUBLICATIONS PROFILE: RESEARCH PAPERS (List your published research papers, including the title, journal, and year)

- Shukla, U., Sharma, S., & Kumar, A. (2024). Generational Role of Sunk Cost Fallacy in Decision making. *Journal of the Indian Academy of Applied Psychology*, 50 (Special issue April).
- Mendiratta Navya and Sharma Shalini. (2023). Interpersonal Dominance in Marital Relationships and its relation with marital satisfaction. *The International Journal of Indian Psychology*. Volume 11, issue 4, October-December, 452-479.
- Sharma, Shalini, Sachdeva, Dhruv, Malhotra Jayent and Juneja Tanya. (2023) Social Media Usage, Fear of Missing Out and Personality: A Comparative Study of Gen Z and Millennial. *The International Journal of Indian Psychology*, Volume 11, issue 3, July-September 2023, 4547-4559
- Sharma, Shalini and Kumar, Ashwini. (2023). Effects of Gender, Marital Status, living status, personality and value orientation on attitude and emotions during Covid-19 lockdown, *International Journal of Social Science Research and Review*, Vol 6, no 6, June.
- Sharma, Shalini and Tomar, Sachin. (2018). Psychosocial antecedents of Prosocial behaviour and its relationship with subjective well-being in adolescents, *Indian Journal of Positive Psychology*, March, Vol 9, ISSN-p-2229-4937
- Sharma, Shalini (2006). Stability and Change: a revisit, *ICFAI Journal of Organizational Behavior*, Oct Vol 5, No.4

PUBLICATIONS PROFILE: BOOK CHAPTERS (List your published book chapters, including the title, publisher, ISBN and year)

1. Sharma, Shalini (2022). *Flow and Mindfulness*. egyptankosh, IGNOU <http://egyankosh.ac.in//handle/123456789/86652>
2. Sharma, Shalini (2022). *Optimism and Hope*. egyptankosh, IGNOU. <http://egyankosh.ac.in//handle/123456789/88330>

PUBLICATIONS PROFILE: OTHERS (Mention any other relevant publications details)

CONFERENCE / WORKSHOPS/ REFRESHER/ FDP/ TRAINING ORGANIZED

- Organized 27th International and 58th National Conference of Indian Academy of Applied Psychology, 15th-17th February 2023, Vigyan Bhawan.
- Organized and Online National Seminar on ‘Research and Data analysis Skills, 25th-26th September, 2021, Department of Applied Psychology, Ramanujan College.
- Organized Online Workshop on Music and its impact: A neuropsychological Perspective, 29th January 2021, Department of Applied Psychology, Ramanujan College.
- Organized two week FDP on “ Enhancing Psychological Skills for Teaching and Practice”, 15th-29th September, 2020, TLC, Ramanujan College, University of Delhi Under MHRD Pt. Madan Mohan Malaviya
- Organized a one day Seminar on ‘Adolescents’ Lifestyle and Health’ in Ramanujan College, University of Delhi on 20th September, 2017.

- Organized a one day workshop on ‘Women’s Sexual Health and Hygiene’ in Ramanujan College, University of Delhi on 24th August, 2017.

CREATION OF ICT MEDIATED TEACHING LEARNING PEDAGOGY AND CONTENT

Created SWAYAM video lectures for IGNOU:

- 1) CORRELATION, Regression and Prediction,
- 2) Computation of Correlation,
- 3) Techniques of Couple and Family Counseling,
- 4) Theoretical approaches to Family Counseling

CONFERENCE/WORKSHOPS/TRAINING ATTENDED AS FACULTY MEMBER

- Refresher Course on Shrimad Bhagavad Gita: Enlightenment and Relevance organized by BHĀRATAM - Bhārtīya Gyān Paramparā: Adhyayan, Adhyāpan Evam Anusāndhān Kendra, from 22 December 2023 to 10 January 2024, TLC, Ramanujan College
- Two - week Interdisciplinary Refresher Course in “*ADVANCED RESEARCH METHODOLOGY*” from 22 September – 06 October, 2023, TLC, Ramanujan College
- Two weeks Interdisciplinary Refresher Course on “*Research Methodology and Data Analysis*” from 21st Feb to 5th March 2022, TLC, Ramanujan College

- Two week Online Refresher Course in Psychology 12-26 April 2021, TLC, Ramanujan College
- Two week Online FDP on '*Advanced Concepts on Developing MOOCS*' from 2 July to 17 July 2020, TLC Ramanujan College.
- Participated Online Workshop on Meta-analysis from 24-25th July 2020, Swasti Institute for Learning and Development Pvt Ltd Pune
- Two Week Online Faculty Development Program (FDP) on *Managing Online Classes and Co-creating MOOCS*, 20th April -6th May 2020, TLC Ramanujan College

INVITED LECTURES AS RESOURCE PERSON AND PAPER PRESENTATIONS:

- 1) Resource person for one session in FDP, on 'Counseling Skills for better Student-Teacher Relationship and wellbeing' on 23rd Feb 2021 UGC Human Resource Development Centre , Jamia Millia Islamia
- 2) Guest Speaker for a session on 'Yoga, Mindfulness and Positive Mental Health, 29th June 2021, NSS, Miranda House College

RESEARCH PROJECTS (MAJOR GRANTS/RESEARCH COLLABORATION)

- Completed a three year star innovation project (Major Project) by Cluster Innovation Centre (CIC) on the topic of ‘A study of Lifestyle and Health (physical and mental) related problems among adolescents’, 2016-2019
- Completed an innovation project (Minor project, RNC-303) funded by University of Delhi, titled ‘Psychosocial antecedents of pro-social behavior & their related impact on subjective wellbeing in adolescence’ in 2015-2016

AWARDS AND DISTINCTIONS:

NA

ASSOCIATION WITH PROFESSIONAL BODIES:

NA

OTHER ACTIVITIES: (Include any additional relevant activities or contributions not covered in the above sections.)

NA

