


Ramanujan College

FACULTY PROFILE

FIRST NAME	SURBHI	MIDDLE NAME (if any)		PHOTOGRAPH (ATTACH BELOW) 
LAST NAME				
DEPARTMENT	APPLIED PSYCHOLOGY			
DESIGNATION	ASSISTANT PROFESSOR			
GENDER	FEMALE			
LANGUAGE PROFICIENCY	English, Hindi			
ADDRESS	Mahagun Mezzaria, Sector 78, Noida, Uttar Pradesh 201301			
EMAIL	gautamsurbhi1@gmail.com			
EDUCATIONAL QUALIFICATIONS:				
DEGREE	INSTITUTION		YEAR	
B.A. (Hons.) Applied Psychology	University of Delhi		2013	
M.A. Psychology	University of Delhi		2015	

PhD	University of Delhi	Pursuing
Diploma in Community Mental Health for Psychologists	NIMHANS Digital Academy, Bangalore	2021

CAREER PROFILE: TEACHING EXPERIENCE

- (July 2023- Present) Working as Permanent Faculty as *Assistant Professor* at Department of Applied Psychology, Ramanujan College, University of Delhi
- (January 2017- Present) Working as *Academic Counselor* at Indira Gandhi National Open University, Delhi
- (August 2021- December 2021) Worked as *Guest Lecturer* at Deen Dayal Kaushal Kendra, Ramanujan College, University of Delhi
- (January 2019- July 2023) Working as *Assistant Professor (Adhoc)* at Department of Applied Psychology, Ramanujan College, University of Delhi
- (August 2017- July 2019) Worked as *Counseling Psychologist* at Ramanujan College, University of Delhi
- (July 2017- November 2018) Worked as *Guest Lecturer* at Department of Applied Psychology, Ramanujan College, University of Delhi
- (July 2018- December 2018) Worked as *Guest Lecturer* at Deen Dayal Kaushal Kendra, Ramanujan College, University of Delhi
- (January 2018- April 2018) Worked as *Guest Lecturer* at Department of Psychology, Rajguru College of Applied Sciences, University of Delhi
- (September 2016 – November 2016) Worked as *Guest Lecturer* at Department of Psychology, Jesus and Mary College, University of Delhi
- (January 2016- April 2016) Worked as *Guest Lecturer* at Department of Applied Psychology, Ramanujan College, University of Delhi

CAREER PROFILE: INDUSTRY EXPERIENCE

- Worked at NTA (National Testing Agency) as part of a confidential task (17& 19 May 2024)
- (May 2017- June 2017) *Internship* at Department of Psychiatry and Drug De- Addiction Center, Lady Hardinge Medical College & Smt. S.K. Hospital, New Delhi
- (October 2015 - January 2016) *Research Assistant* at Project “Social Networks affect human pair choice in different populations” at Department of Experimental Psychology, Oxford University
- (September 2015- February 2016) Worked as *Counselor* at Hope Network and www.LocalOye.com
- (June 2014 – August 2014) Worked as *Intern* in National Mission On Education(NMEI) and University Grants Commission(UGC) Project

ADMINISTRATIVE ASSIGNMENTS: (List any administrative roles or responsibilities you have held)

- (December 2018) Worked as part of Organizing Committee in “*National Academy of Psychology*” 2019 organized by Department of Applied Psychology, Ramanujan College, University of Delhi

- (April 2016) Worked as part of Organizing Committee in International Conference on “*Indian Mind and Societal Concerns: An Interdisciplinary Dialogue*”, Ramanujan College, University of Delhi

AREAS OF INTEREST / SPECIALIZATION: (Highlight your specific areas of interest or fields of specialization within your subject area)

Cognitive Psychology, Neuropsychology, Cultural Psychology and Counseling Psychology

SUBJECTS TAUGHT: (List all the subjects you have taught)

Neuropsychology, Biopsychology, Counseling Psychology, Clinical Psychology

COURSE DEVELOPMENT: (Mention any courses you have developed or contributed to designing)

RESEARCH GUIDANCE: (Provide details on research supervision, indicating the number of doctoral and postgraduate students guided)

PUBLICATIONS PROFILE: RESEARCH PAPERS (List your published research papers, including the title, journal, and year)

- Kumar A., Misra I, Surbhi. Hemispheric Lateralization for Processing Emotional Stroop Like Task Among Right and Non- Right Handers. Journal of Positive School Psychology. Volume 6, Issue 8. Page No. 3515- 3525 (August,2022)
- Tiwari D.N, Kumar Ashwini, Surbhi, Nayan R., Pandey A.R. Primed Orientation (Self and Other) and Life Satisfaction: Examining Coping Strategies as the Mediator and Education as the Moderator across Indo-Pakistan Border. Journal of Positive School Psychology. Volume 6. Issue 6. Page no. 10243-10255. 2022 (August, 2022)
- Yadav N, Kumar Ashwini & Surbhi. Comprehending Psychological Impact on Students During Lockdown. Bulletin of Environment, Pharmacology and Life Sciences (Special Issue) 2022. Volume 1 (April,2022)
- Surbhi, A. Kumar & N. Yadav. Hidden Power of Being Simple: Learnings During Covid 19. Vidyabharati International Interdisciplinary Research Journal (Special Issue) Part 9. Page No. 1276. ISSN No. 2319-4979 (September,2021)
- Surbhi, N. Yadav & A. Kumar. Orientation towards Environmental Change and its relation with Mental Health during Covid-19 Pandemic. Turkish Online Journal of Qualitative Inquiry. Volume 12. issue 01, January 2021, 218-237 (January,2021)

- Tamanna Tiwari, Suniti, Ashapura Das & Surbhi. *Perspective on Euthanasia and Living Will*. Journal of the Gujarat Research Society. Volume 21 Issue 10
- Tamanna Tiwari, Suniti, Ashapura Das & Surbhi. *Euthanasia: Review*. Think India Journal . ISSN: 0971-1260
- Chapter on “*Participatory Role of Teacher in Special Education*” in the book “*Special Education: Issues and Challenges*” ISBN NO. : 978-81-942110-4-4
- Shikha Golcha & Surbhi (2019). *Movie Analysis for Understanding Sports Psychology in India*. International Journal of Research and Analytical Reviews
- Surbhi, Nirupama Yadav & Dr. Ashwini Kumar (2019). *Role of God and Religion in Healing in Post-Disaster Settings*. International Journal of Scientific Research and Reviews

PUBLICATIONS PROFILE: BOOK CHAPTERS (List your published book chapters, including the title, publisher, ISBN and year)

- Chapter on “*Understanding Emotions: The Received View*” in *Emotions in Cultural Context*. Springer. ISBN 978-3-031-46348-8 ISBN 978-3-031-46349-5 (eBook) <https://doi.org/10.1007/978-3-031-46349-5> (May, 2023)
- Chapter on “*An Exploratory Study to Analyze the Impact of COVID-19 on the Daily Lives of People: A Focus Group Discussion*” in *Health Informatics and Technological Solutions for Coronavirus (Covid-19)*. Taylor and Francis Group. ISBN: 9780367704179 (hbk) ISBN: 9780367751210 (pbk) ISBN: 9781003161066 (ebk) (June,2021)
- Chapter on “*Stress and Stress Management*” in the book “*Guidance and Counseling*”. ISBN NO. 978-81-945153-4-0
- Chapter on “*Cognizance of Language and its Components: Listening, Understanding, Speaking, Reading and Writing Skill*” in the book “*Pedagogy of English*” ISBN No.: 978-81-940502-9-2

PUBLICATIONS PROFILE: OTHERS (Mention any other relevant publications details)

CONFERENCE / WORKSHOPS/ REFRESHER/ FDP/ TRAINING ORGANIZED

- (August 2020) Organized Webinar on “*Enhancing Psychological Skills for Teaching and Practice*”
- (May 2020) Organized Webinar on “*Stress Management during Quarantine*”, Student Welfare Committee, Ramanujan College, University of Delhi
- (October 2019) Organized “*Mental Health Awareness Campaign for Suicide Prevention*” for students of Ramanujan College, University of Delhi
- (September 2019) Organized National Seminar on “*Globalization, Diversity and Equality: Challenges for Indian Society*”, Ramanujan College, University of Delhi

CREATION OF ICT MEDIATED TEACHING LEARNING PEDAGOGY AND CONTENT

CONFERENCE/WORKSHOPS/TRAINING ATTENDED AS FACULTY MEMBER

- **NEP 2020: PEDAGOGICAL IMPERATIVES OF HIGHER EDUCATION (INAUGURAL CEREMONY) on Friday, December 01, 2023**
- **Successfully Completed Two Week refresher Course in Shrimad Bhagavad Gita: Enlightenment and Relevance organized by BHĀRATAM - Bhārtīya Gyān Paramparā: Adhyayan, Adhyāpan Evam Anusāndhān Kendra organised by Teaching Learning Centre, Ramanujan College under the aegis of Ministry of Education Pandit Madan Mohan Malaviya National Mission on Teachers & Teaching and BHĀRATAM: Bhārtīya Gyān Paramparā Adhyayan, Adhyāpan Evam Anusāndhān Kendra (22 December 2023- 10 January 2024)**
- **Successfully Completed a 4-Week Faculty Induction/Orientation Programme organized by Teaching Learning Centre, Ramanujan College under the aegis of Pandit Madan Mohan Malviya National Mission on Teachers & Teaching (21st August 2023- 19th September 2023)**
- **Completed Faculty Development Programme on “Online Refresher Course in Psychology” organized by Teaching Learning Center and Center for Psycho-Social Resource Development and Training, Ramanujan College, University of Delhi (April, 2021)**
- **Completed Faculty Development Programme on “*Managing Online Classes and Co-Creating MOOCs*” organized by Ramanujan College, University of Delhi, Delhi (May, 2020)**
- **Completed WHO Certification for “*COVID- 19: Operational Planning Guidelines and COVID-19 Partners Platform to support Country Preparedness and response*” (May, 2020)**
- **Completed Faculty Development Programme on “*Teachers, Teaching, and Taught: Discovering new Meanings, Relationships, and Purpose*” organized by Ramanujan College, University of Delhi, Delhi (January, 2020)**

INVITED LECTURES AS RESOURCE PERSON AND PAPER PRESENTATIONS:

- Invited as a resource person for UGC-MMTTP Sponsored Online NEP Orientation and Sensitization Programme at Ramanujan College, University of Delhi on 14th August 2024
- Invited as a resource person for UGC-MMTTP Sponsored Online NEP Orientation and Sensitization Programme at Ramanujan College, University of Delhi on 20th July 2024
- Invited as Guest Speaker for topic on “Scope of Counseling” for a session on 28th June 2024 at the Add on Certificate Training Course in Guidance and Counseling organized by Lakshmibai College, University of Delhi
- Chaired a Scientific Session in International Conference on Emerging Trends in Psychological Interventions: Future Aspects and Challenges (14th-16th November, 2023)
- Invited as Guest Speaker for topic “Mental Health: Let’s do it” for a session on 9 June 2023 at the Add on Certificate Training Course in Guidance and Counseling organized by Lakshmibai College, University of Delhi
- Invited as a speaker for recording three video lectures for SWAYAM course titled “Counseling Psychology” in December 2022
- Invited as Guest Speaker for topic “Move for Mental Health” for a session on 29 October 2022 organized by Jindal Global Business School
- Invited as Guest Speaker for topic “ Need for Mental Health” for a session on 20th October 2022 for a project of TISS
- Invited as Guest Speaker for topic on “Mental Health Awareness” for a session on 15th July 2022 organized by Department of Commerce, Ramanujan College, University of Delhi
- Invited for lecture on “Scope of Counseling” for a session on 9 June 2022 at the Add on Certificate Training Course in Guidance and Counseling organized by Lakshmibai College, University of Delhi
- Invited as Resource Person by Sushant University to speak on topic “Mental Health in Times of Covid 19 and beyond” on (July 15, 2021)
- (December 2018) Presented Research Paper on “*Cultural Influence on Object Localization: A Literature Review*” at National Academy of Psychology at University of Delhi, Delhi
- (December 2018) Presented Research Paper on “*Perspectives on Euthanasia and Living Will*” at National Academy of Psychology at University of Delhi, Delhi
- (February 2017) Presented Research Paper on “*Movie Analysis for Understanding Sports Psychology in India*” at International Conference of Indian Academy of Applied Psychology at University of Rajasthan

- (September 2016) Presented Poster on “*Values and Beliefs among the generations*” at National Conference at Mata Sundri College for Women, University of Delhi
- (September 2016) Presented Research Paper on “*Intergenerational Conflict and Stress*” at National Conference at Mata Sundri College for Women, University of Delhi
- (April 2016) Presented Research Paper on “*Social Representation of God in Hinduism*” at International Conference at Ramanujan College, University of Delhi

RESEARCH PROJECTS (MAJOR GRANTS/RESEARCH COLLABORATION)

AWARDS AND DISTINCTIONS:

- Recipient of “*University Post Graduate Scholarship*” (2013-2015)
- 3rd *POSITION HOLDER* in “University of Delhi”(2010-2013)
- 1st *POSITION HOLDER* in “Vivekananda College, University of Delhi” consecutively for two years(2011-2013)
- Won *SECOND POSITION* in Power Point Presentation Competition in Vivekananda College, UNIVERSITY OF DELHI” (2013)
- Recipient of “GEETIKA NAGPAL KHURANA SCHOLARSHIP” and “NAMAN AHLUWALIA SCHOLARSHIP” for academic excellence (2012-2013)
- Won first position in English *POETRY* in Vivekananda College, University of Delhi” (2012)
- Scored Highest Marks in “*ENTREPRENEURSHIP*” in 12th board examination (2010)

ASSOCIATION WITH PROFESSIONAL BODIES:

OTHER ACTIVITIES: (Include any additional relevant activities or contributions not covered in the above sections.)

- Participated in Online Interactive Training Webinar on “Cognitive Behavioral Therapy :Applied in Indian Settings” (May 2020)
- Completed Beginners Level in “*Drawing and Doodle Analysis*” by Posity (May 2020)
- Participated in Live webinar on “*Understanding Tele-Counseling*” by Department of Psychology, Patrician College of Arts and Science, Tamil Nadu (May, 2020)
- Completed “*Level one – An introduction to Clinical Hypnosis*” certified by California Hypnosis Institute, California, USA