

## **CURRICULUM VITAE**

**Mr. Kumar Ujwal**  
[ujwaluk94@gmail.com](mailto:ujwaluk94@gmail.com)  
**Assistant Professor**  
**Department of Applied Psychology**  
**Ramanujan College**

### **EDUCATION AND TRAINING**

- Pursuing PhD in Applied Social Psychology, Department of Psychology, University of Delhi.
- M.A. Psychology, Department of Psychology, University of Allahabad (2018)
- B.A. (Hons.) Psychology, Dr. Bhim Rao Ambedkar College, University of Delhi (2016)
- Selected for Indian Council of Social Science Research (ICSSR) Doctoral Fellowship in 2019.
- Qualified National Eligibility Test in Psychology in 2019.
- Completed 1 year course work in Research Methodology from Department of Psychology University of Delhi in 2020.
- Selected for National Council of Educational Research and Training (N.C.E.R.T) Doctoral Fellowship (NDF) in 2020.
- Also undertaken 30 days teaching internship at RIE, Bhubneshwar.
- Taught at Daulat Ram college as Guest Faculty in Psychology.

### **SUBJECTS TAUGHT**

Applied Social Psychology, Counseling Psychology, Developmental Psychology, Statistics in Psychology, Youth Psychology, Health Psychology, Social Emotional Learning, Emotional Intelligence.

### **RESEARCH PUBLICATIONS**

- Published a Research Paper in Indian Journal of Social Development on topic “Understanding the Role of Spiritualism, Happiness and Prosocial Behavior in Pandemic Era” with ISSN: 0972-3692.
- Published a Research Paper in Indian Journal of Development Research

and Social Action on topic “Academic Stress, Social Support, Physical Health, and Psychological Well-being during Covid-19” with ISSN: 0973-3116.

- Published a Research Paper in International Journal of Asian Economic Light on topic “Impact of Parenting Style on the Development of Religious Prejudice in Adolescents” with ISSN: 2277-7741.
- Published a Research Paper in Indian Journal of Social Development on topic “Understanding the Role of Spiritualism, Happiness and Prosocial Behavior in Pandemic Era” with ISSN: 0972-3692.
- Published a Research Paper in International Journal of Multidisciplinary Research on topic “Understanding Body Image and its Psychological Consequences” with ISSN: 2455:366.

## **PRESENTATION**

- Presented a paper in International Seminar on the topic "The effect of Social media on youths' engagement & their collaborative participation for development of Prosocial Behaviour".
- Presented a paper in international conference on the topic “Social Isolation, Positive and Negative Affect and Psychological well-being in Pre, Post and during Covid-19 Pandemic in India: A Comparative Study”
- Presented a paper at International Conference on Positive Parenting on the topic “Impact of Parenting Style on the Development of Religious Prejudice in Adolescents

## **ACADEMIC TRAINING & CERTIFICATIONS**

- Successfully completed 20-day certificate course (40 hours)/ Refresher Course on Shrimad Bhagvad Gita: Relevance organized by BHĀRATAM - Bhārtīya Gyān Paramparā: Adhyayan, Adhyāpan Evam Anusāndhān Kendra, held from 22 December 2023 to 10 January 2024.
- Also secured A+ grade in the course. Successfully completed One-month Faculty Induction Programme (22 January - 20 February, 2024) organized by TLC Ramanujan College under the Ministry of Education sponsored Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) scheme

## **ADMINISTRATIVE RESPONSIBILITIES**

- Convener of Website, Department of Applied Psychology
- Member, Bharatam-Bhartiya Gyan Parampara Adhyayan, Adhyayan

## Evam Anusandhan

- Member, Magazine Committee
- Member, Student Union Advisory Committee
- Member, Outreach Programme Committee
- Member, Placement Committee
- Member, NEEV: Civil Services Society
- Assistant Coordinator, IGNOU Center, Ramanujan College
- External Examiner for Under Graduate Practical examinations of University of Delhi
- Examination related responsibilities such as Paper Convenor & Paper Setter for Under Graduate Examination of University of Delhi
- Examination related responsibilities such as Paper Convenor & Paper Setter for Under Graduate Examination of Central University of Haryana