



# OMISHA SANGEET

ASSISTANT PROFESSOR

## About Me

Results-driven Professor committed to igniting passion for learning in students, using creativity, and alternate thinking to expand students' knowledge. Created lively discussion-based learning environment to capture students' focus

## Contact

Phone

011-26430192

Email

omishas@ramanujan.du.ac.in

Address

Ramanujan College

## Skills

- Student Counseling
- Academic Publication
- Curriculum Input
- Lesson Planning

## Language

English

EHindi

## Experience

- TEACHING EXPERIENC - 5 years

## EDUCATION AND TRAINING

- Pursuing PhD in Applied Social Psychology, Department of Psychology, University of Delhi.
- UGC NET (2018)
- M.A. Psychology, Department of Psychology (North Campus) University of Delhi (2018)
- Post Graduate Diploma in Guidance & Counseling, Jamia Millia Islamia University, New Delhi
- B.A. (Hons.) Psychology, Lady Shri Ram College for Women, University of Delhi (2016)
- Two months Internship at Defence Institute of Psychological Research DRDO, Delhi

## **SUBJECTS TAUGHT**

**Theory - Counseling, Health Psychology, Community Psychology, Self & Personal Growth, Life Span Development, Media Psychology, Stress Management, Systems in Psychology, Psychology for Living**

**Practicums - Understanding Psychological Disorder, Counseling, Applied Social Psychology, Communication Competence, Life Span Development, Media Psychology**

## **RESEARCH PUBLICATIONS**

- **Experiences of Single Parent Children in the Current Indian Context, Journal of Family Medicine and Primary Care, ISSN 2278-7135, Vol 11(7), 2022.**
- **Effects of Single Parenthood: An Indian Perspective, Journal of Personality and Clinical Studies, ISSN 0970-1206, Vol 27, no. 1&2, March & September 2018.**

## **ACADEMIC PARTICIPATION**

- **Successfully completed Two weeks online Faculty Development Programme on “Managing Online Classes & Co-creating MOOCs”, May 18th to June 3rd 2020, Ramanujan College, University of Delhi.**
- **Successfully completed one-week Faculty Development Programme on “Teacher, Teaching & Taught”, 1st to 7th Jan’2020, organized by Teaching Learning Centre, Ramanujan College, University of Delhi.**
- **28-29th Feb’2020 National seminar on Health and well-being, Department of Psychology, Faculty of Arts, University of Delhi.**
- **National Webinar Series on Knowledge generation in Education during Covid-19 pandemic - Qualitative Research” by Mumbai university.**
- **National Seminar on ‘Globalization, Diversity and Equality: Challenges for Indian Society’, 20-21 Sept’2019, Ramanujan College**
- **Methodology for doing Indian Psychological Research Workshop, 3rd- 4th June’2019, University of Delhi**
- **Workshop on Palliative Care Counseling, March’ 2019, Department of Applied Psychology, Ramanujan College**

## **ORGANIZING MEMBER**

- **'JHANKAR' The Cultural Event of Ramanujan College, University of Delhi, April' 2022**
- **Virtual Alumni Meet 'Reliving Ramanujan' 26th July 2021**
- **Workshop on Mental Health Services by District Legal Services Authorities in association with Ramanujan College on 07th June 2021.**
- **Two weeks online "Refresher Course in Psychology" 12-26th April 2021**
- **Two weeks online Faculty Development Programme on "Enhancing psychological skills for teaching and practice", 15-29 sept'2020, Ramanujan College, University of Delhi**
- **Webinar on Career Guidance & Counseling in times of Uncertainty, 27th may 2020, Department of Applied Psychology, Ramanujan College.**
- **National seminar on 'Globalization, Diversity and Equality: Challenges for Indian Society', 20-21 Sept'2019, Ramanujan College**

## **ADMINISTRATIVE EXPERIENCES**

- **Convenor, Girl Up Ramanujan (Extension of an initiative by UN)**
- **Convenor, Panache: Fashion Society, Ramanujan College, University of Delhi**
- **Member, Raahat: Peer Support & Counseling Cell, Dept. of Applied Psychology, Ramanujan College**
- **Member, School of Happiness, Ramanujan College, University of Delhi**
- **Member, The Manan Digest, Newsletter by Department of Applied Psychology, Ramanujan College**

## **ADDITIONAL INFORMATION**

- **Academic Counselor, IGNOU**
- **External practical examiner for Under Graduate Examination of University of Delhi.**
- **Paper Setter for Under Graduate Examination of University of Delhi.**