

DECEMBER 2021

# | ramanujan refreshers



*Ramanujan refresher brings to you all the latest developments, and updates about faculty, students, research studies, projects and the upcoming events, including cultural activities*

# REFLECTIONS

## A note from the editor: Transforming Joy into Happiness: The mindful way

Never confuse joy with happiness. The child is joyous when you give something of his/her choice. But he/she is happy when you get excited over his/her performance. Joy and happiness have a silver line between them. Incentivizing to uphold values in the field the child is striving is a reward for happiness, while doing something to briefly tackle the child's behavior is a bribe for joy. Our 'School of Happiness' is devoted to transform joy into happiness, improve the ease of becoming happier, and get values a brand new shine.

Joy	Happiness
<ol style="list-style-type: none"><li>1. Depicts hunger for instant, self-gratification. E.g. One who is selfish</li><li>2. Generally based on transitory and self-enhancing values. E.g. wealth, power, status, position</li><li>3. Depicts unstable mental state. E.g. Changing mood, unpredictable behavior</li><li>4. Found from sensuous hunger. E.g. own bodily pleasure, enjoyment, fun</li><li>5. Comes out of biases-led way of life, like that of 'happy-go-lucky type'</li><li>6. Comes to those who listen to the information of others, those copycats who are always outward-looking</li><li>7. Hedonic happiness is a short-term-fleeting joy that comes from someone's praise, listening good music, eating good food, after passing tough exam</li><li>8. May come from sadistic pleasure, adhering to lower values like illusion, ego, anger, lust, vengeance</li><li>9. Unearned money can give you joy temporarily but not for a lasting period</li><li>10. Joy through mindfulness satisfies your body and mind but may not satisfy to soul. It is an atomistic experience.</li></ol>	<ol style="list-style-type: none"><li>1. Depicts hunger for right purpose, meaning. E.g. who is philanthropic</li><li>2. Based on eternal and self-transcending values. E.g. love, respect, trust</li><li>3. Depicts stable mental state. E.g. Steady mind, predictable behavior</li><li>4. Found from responsible freedom. E.g. <i>Swarajya</i>, freedom of speech</li><li>5. Comes out of ethics-led way of life, like Gandhi, Dalai Lama</li><li>6. Comes to those who listen to the wisdom of their own body, those who are inward-looking</li><li>7. Eudemonic happiness is a long-term-sustainable bliss that comes from self-actualization, realizing the purpose and meaning of life</li><li>8. Comes only by adhering to higher values like empathy, benevolence, forgiveness, gratitude, honesty</li><li>9. Earned money can give you happiness, Harvard University</li><li>10. Happiness through heartfulness satisfies the trinity—mind, body, soul. It is a holistic experience.</li></ol>

Prof. T.K. Mishra  
Vice-Principal



# ... REFLECTIONS

**Our students and teachers  
participated in the workshop on  
“Religion, Peace and the End of Otherness”  
at Lotus Temple, Kalkaji on November 15’ 2021**



# ... REFLECTIONS

**Our College Principal interacting with  
Swami Vivekanand Arunodaya Vidyalaya, Hapur,  
under “Unnat Workshop”  
dated November 20-21’ 2021.**

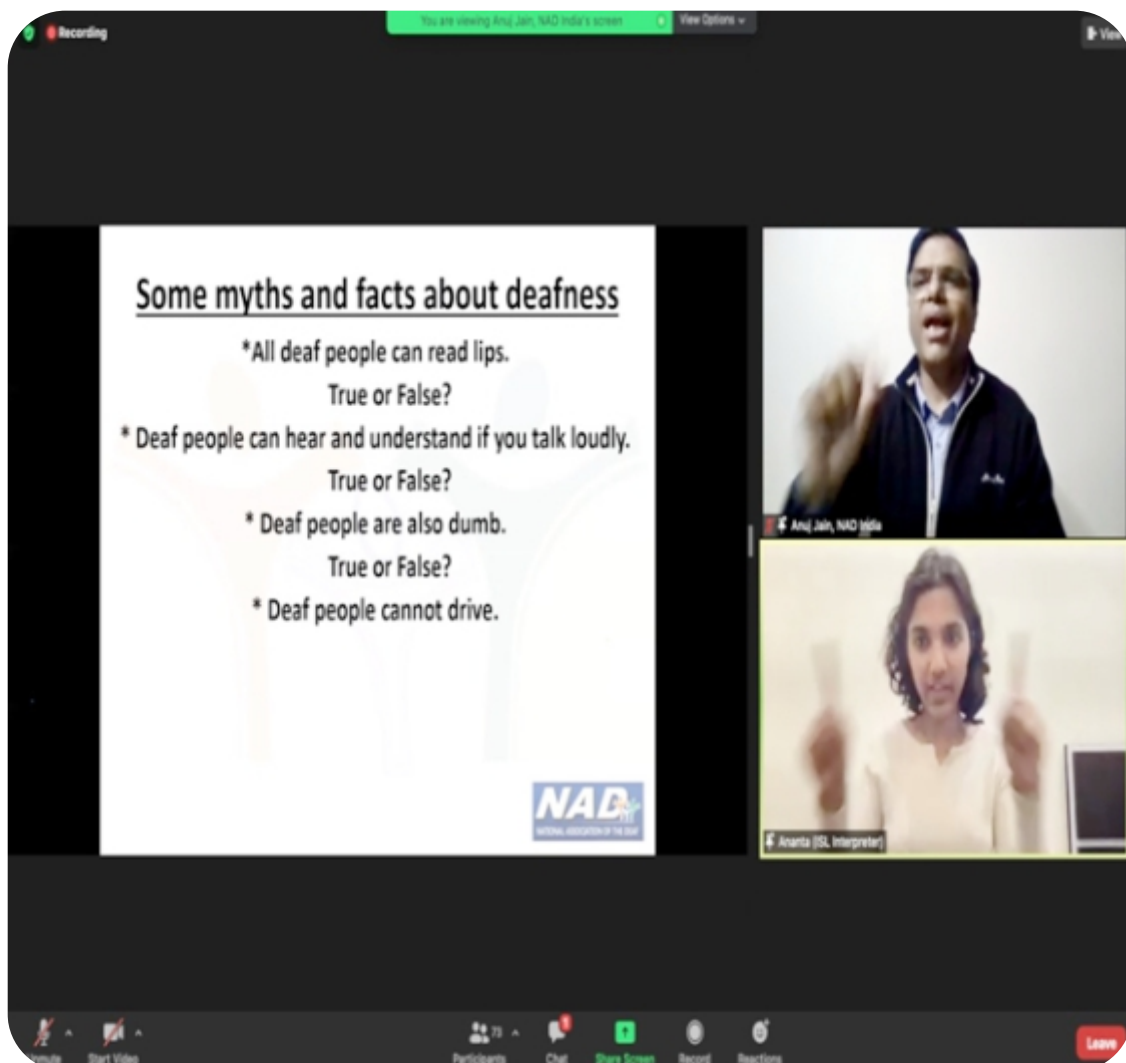




# SPOTLIGHT

## Ramanujan to raise the voice of Deaf in the country

Equal Opportunity Cell of Ramanujan College in collaboration with Plus Politics society, Pathshala and National Service Scheme (NSS) organized "SANKET" on 20<sup>TH</sup> November 2021, a webinar based on the topic 'Sensitization Training on Indian Sign Language for students of Ramanujan College. The event commenced with the warm welcome of the guest of honor Mr. Anuj Jain Executive Director of the National Association of the Deaf. Mr. Anuj Jain with the help of his ISL interpreter Ananta, enlightened the students about the importance of Sign Language. He emphasized too much on the point that the Indian constitution must recognize Sign Language as an official language along with the other 22 languages under the 8<sup>TH</sup> schedule of the constitution.



# ... SPOTLIGHT





**NATIONAL SERVICE SCHEME**  
**RAMANUJAN COLLEGE**  
(University of Delhi)

In collaboration with



EQUAL OPPORTUNITY CELL  
RAMANUJAN COLLEGE  
University of Delhi

presents

## SANKET

(SIGN LANGUAGE)

**Anuj Jain**  
Executive Director  
National Association of Deaf, India



**Contacts:**

Ankit - 7643034093

Anjali - 7042615056



**Nov 20,**  
**4:00 PM**



**Live on**  
**ZOOM**

DR. Alok Ranjan Pandey  
(NSS PROGRAMME OFFICER)

DR. Nagender Pal  
(Convener: E-Cell)





**EQUAL OPPORTUNITY CELL**  
**RAMANUJAN COLLEGE**  
(University of Delhi)

In collaboration with National Service Scheme, Plus Politics Society & Pathshala

presents



**An Indian Sign Language Event**



**Anuj Jain**  
Executive Director  
National Association of Deaf, India



**Nov 20th,**  
**4 PM**



**Zoom**

E-certificates will be provided  
to all the participants

President: 7042615056

Dr. Nagender Pal (Convenor)

# UPCOMING & ONGOING EVENTS



## Ramanujan College

(Accredited Grade 'A' by NAAC)  
UNIVERSITY OF DELHI

**Brings to you**

### Ethics Series : IAS Mains Paper



**Structured & Illustrated by**  
**Centre for Ethics and Values & School of Happiness**

**An Online Inaugural Q&A and Panel discussion**  
**Session soon...**



# UPCOMING & ONGOING EVENTS

One-Week FDP from November 28 – December 04, 2021



The poster features a light purple background with a faint image of a hand holding a pen. At the top, there are two logos: the Government of India emblem and the University of Delhi emblem. The text is centered and reads: 'TEACHING LEARNING CENTRE RAMANUJAN COLLEGE (Accredited Grade 'A' by NAAC) UNIVERSITY OF DELHI' in dark blue. Below this, it says 'under the aegis of' in a smaller font, followed by 'PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING MINISTRY OF EDUCATION' in dark blue. Then, 'is organising an' in a smaller font, followed by 'ONLINE ONE-WEEK FACULTY DEVELOPMENT PROGRAMME' in dark blue. The main title 'ADVANCED PEDAGOGICAL TECHNIQUES' is in large, bold, red letters. Below the title, the dates '28 November - 04 December 2021' are in dark blue. At the bottom, a white box contains the text 'CALL FOR REGISTRATION AND PARTICIPATION' in dark blue.

  
सत्यमेव जयते  
Ministry of Education  
Government of India



**TEACHING LEARNING CENTRE  
RAMANUJAN COLLEGE**  
(Accredited Grade 'A' by NAAC)  
**UNIVERSITY OF DELHI**

under the aegis of

**PANDIT MADAN MOHAN MALAVIYA NATIONAL  
MISSION ON TEACHERS AND TEACHING  
MINISTRY OF EDUCATION**

is organising an

**ONLINE ONE-WEEK FACULTY DEVELOPMENT PROGRAMME**

**ADVANCED PEDAGOGICAL  
TECHNIQUES**

**28 November - 04 December 2021**

**CALL FOR REGISTRATION AND  
PARTICIPATION**



# UPCOMING & ONGOING EVENTS

One-Week FDP from December 02-08, 2021

The poster features the logos of the Ministry of Education, Government of India, and the University of Delhi at the top. The text is centered and reads: **TEACHING LEARNING CENTRE**, **RAMANUJAN COLLEGE** (Accredited Grade 'A' by NAAC), **UNIVERSITY OF DELHI**. Below this, it states 'under the aegis of' followed by **PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING** and **MINISTRY OF EDUCATION**. It then says 'is organising an' followed by **ONLINE ONE - WEEK FACULTY DEVELOPMENT PROGRAMME**. The title **EDUCATION 4.0** is prominently displayed in large red letters. Below the title is the date **02 - 08 December 2021**. At the bottom, it says **CALL FOR PARTICIPATION AND REGISTRATION**. The background of the poster shows a lightbulb with a glowing filament, symbolizing ideas and innovation.

Ministry of Education  
Government of India

TEACHING LEARNING CENTRE  
RAMANUJAN COLLEGE  
(Accredited Grade 'A' by NAAC)  
UNIVERSITY OF DELHI

under the aegis of

PANDIT MADAN MOHAN MALAVIYA NATIONAL  
MISSION ON TEACHERS AND TEACHING  
MINISTRY OF EDUCATION

is organising an

ONLINE ONE - WEEK  
FACULTY DEVELOPMENT PROGRAMME

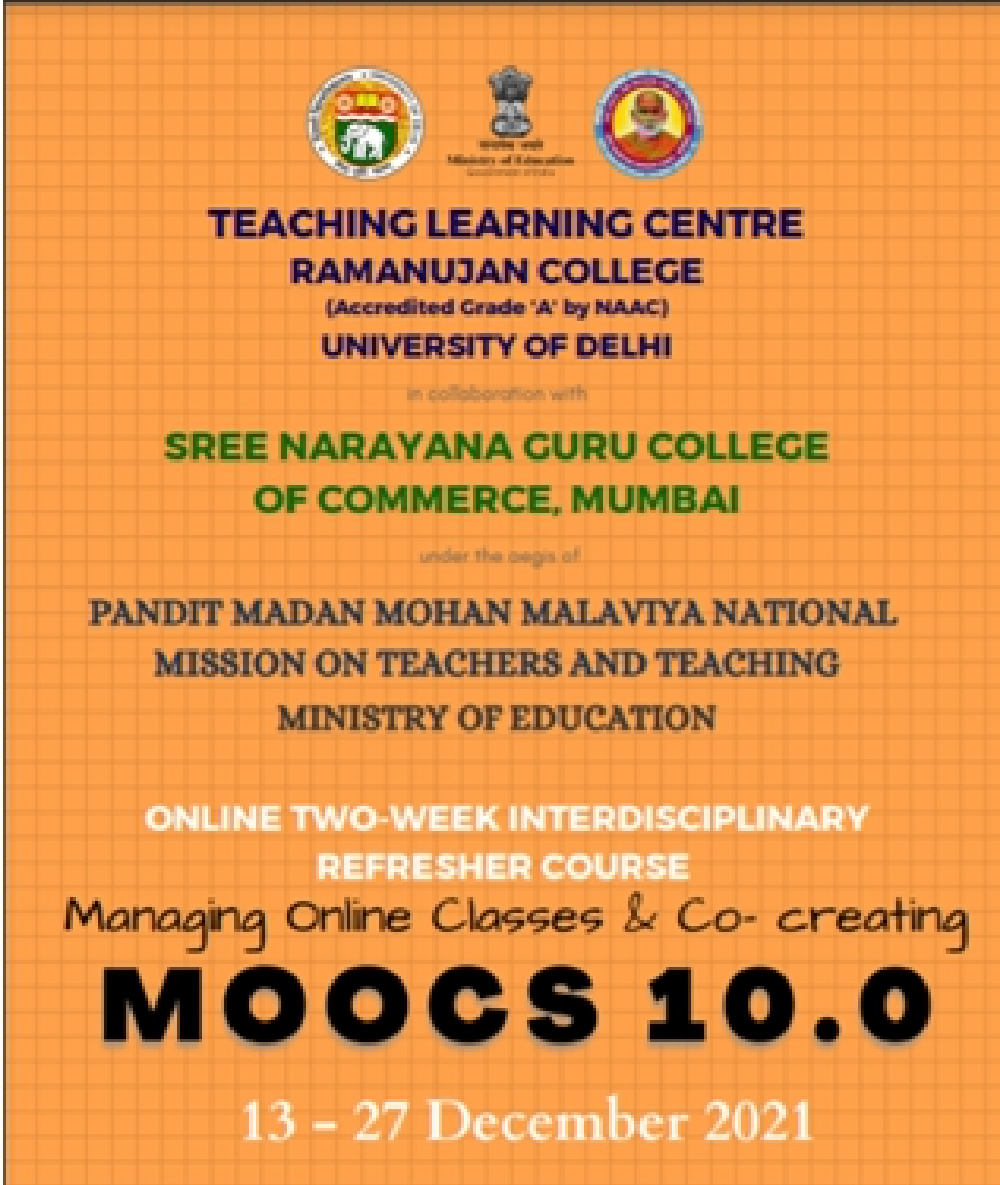
**EDUCATION 4.0**

02 - 08 December 2021

CALL FOR PARTICIPATION  
AND  
REGISTRATION

# UPCOMING & ONGOING EVENTS

Online Two-Week Interdisciplinary Refresher Course from December 13-27, 2021



The poster features an orange background with a white grid pattern. At the top, there are three circular logos: the University of Delhi emblem, the Ministry of Education logo, and a portrait of a man. Below the logos, the text is centered and reads: 'TEACHING LEARNING CENTRE RAMANUJAN COLLEGE (Accredited Grade 'A' by NAAC) UNIVERSITY OF DELHI'. This is followed by 'in collaboration with' and 'SREE NARAYANA GURU COLLEGE OF COMMERCE, MUMBAI'. Then, 'under the aegis of' and 'PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING MINISTRY OF EDUCATION'. The main title 'ONLINE TWO-WEEK INTERDISCIPLINARY REFRESHER COURSE' is in white, followed by 'Managing Online Classes & Co-creating' in a script font, and 'MOOCS 10.0' in large, bold, black letters. At the bottom, the dates '13 - 27 December 2021' are written in white.

**TEACHING LEARNING CENTRE  
RAMANUJAN COLLEGE**  
(Accredited Grade 'A' by NAAC)  
**UNIVERSITY OF DELHI**

in collaboration with

**SREE NARAYANA GURU COLLEGE  
OF COMMERCE, MUMBAI**

under the aegis of

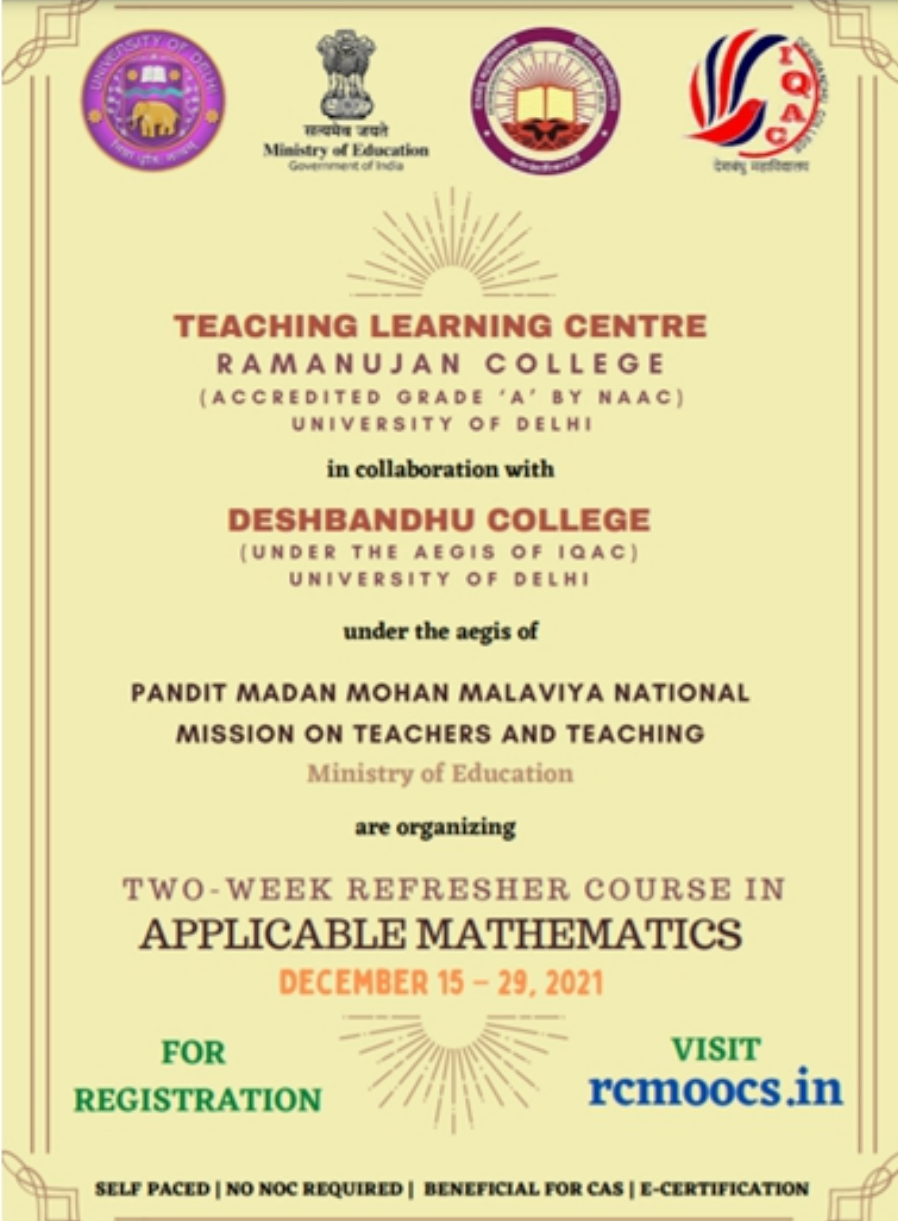
**PANDIT MADAN MOHAN MALAVIYA NATIONAL  
MISSION ON TEACHERS AND TEACHING  
MINISTRY OF EDUCATION**





**ONLINE TWO-WEEK INTERDISCIPLINARY  
REFRESHER COURSE**  
*Managing Online Classes & Co-creating*  
**MOOCS 10.0**  
13 - 27 December 2021



# UPCOMING & ONGOING EVENTS

Two – Week Refresher Course from December 15-29, 2021



**TEACHING LEARNING CENTRE**  
**RAMANUJAN COLLEGE**  
(ACCREDITED GRADE 'A' BY NAAC)  
UNIVERSITY OF DELHI

in collaboration with


**DESHBANDHU COLLEGE**  
(UNDER THE AEGIS OF IQAC)  
UNIVERSITY OF DELHI

under the aegis of

**PANDIT MADAN MOHAN MALAVIYA NATIONAL  
MISSION ON TEACHERS AND TEACHING**  
Ministry of Education

are organizing

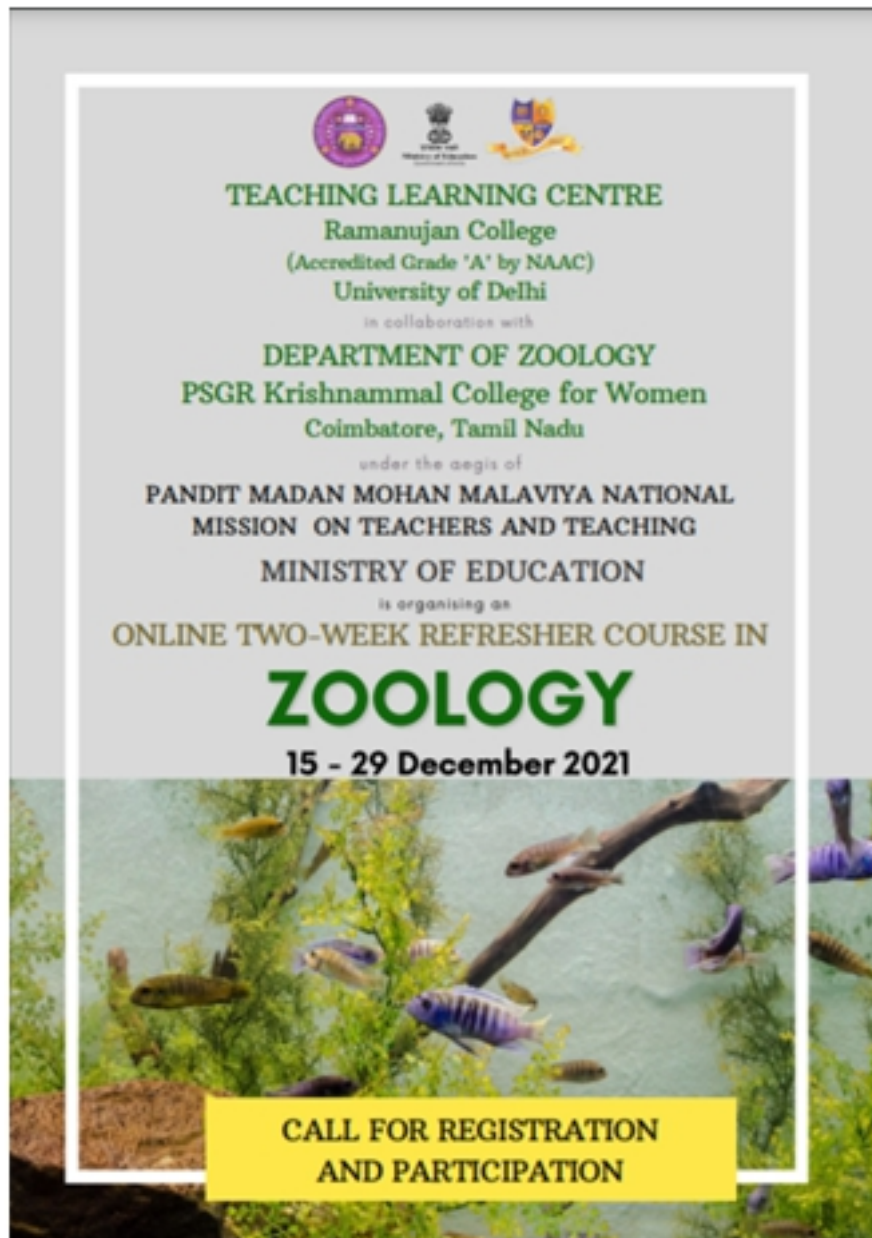
**TWO-WEEK REFRESHER COURSE IN  
APPLICABLE MATHEMATICS**  
**DECEMBER 15 – 29, 2021**




**FOR  
REGISTRATION**  **VISIT  
rcmooocs.in**

**SELF PACED | NO NOC REQUIRED | BENEFICIAL FOR CAS | E-CERTIFICATION**

# UPCOMING & ONGOING EVENTS

Online Two-Week Refresher Course from December 15-29, 2021



**TEACHING LEARNING CENTRE**  
Ramanujan College  
(Accredited Grade 'A' by NAAC)  
University of Delhi  
*in collaboration with*

**DEPARTMENT OF ZOOLOGY**  
PSGR Krishnammal College for Women  
Coimbatore, Tamil Nadu  
*under the aegis of*

**PANDIT MADAN MOHAN MALAVIYA NATIONAL  
MISSION ON TEACHERS AND TEACHING**  
**MINISTRY OF EDUCATION**  
*is organising an*

**ONLINE TWO-WEEK REFRESHER COURSE IN**  
**ZOOLOGY**  
**15 - 29 December 2021**

**CALL FOR REGISTRATION  
AND PARTICIPATION**



# UPCOMING & ONGOING EVENTS

Online Induction training/ Orientation Programme from December 20, 2021 to January 19, 2022



**TEACHING LEARNING CENTRE**  
**RAMANUJAN COLLEGE**  
(Accredited Grade 'A' by NAAC)  
**UNIVERSITY OF DELHI**

*under the aegis of*

**PANDIT MADAN MOHAN MALAVIYA NATIONAL  
MISSION ON TEACHERS AND TEACHING  
MINISTRY OF EDUCATION**

*is organising an*

**ONLINE INDUCTION TRAINING/ORIENTATION  
PROGRAMME FOR FACULTY IN UNIVERSITIES/  
COLLEGES/ INSTITUTIONS OF HIGHER EDUCATION**

**20 December 2021 - 19 January 2022**

**CALL FOR  
REGISTRATION  
AND  
PARTICIPATION**

**E-LEARNING**

# UPCOMING & ONGOING EVENTS

Two Weeks Programme from November 20 – December 2021



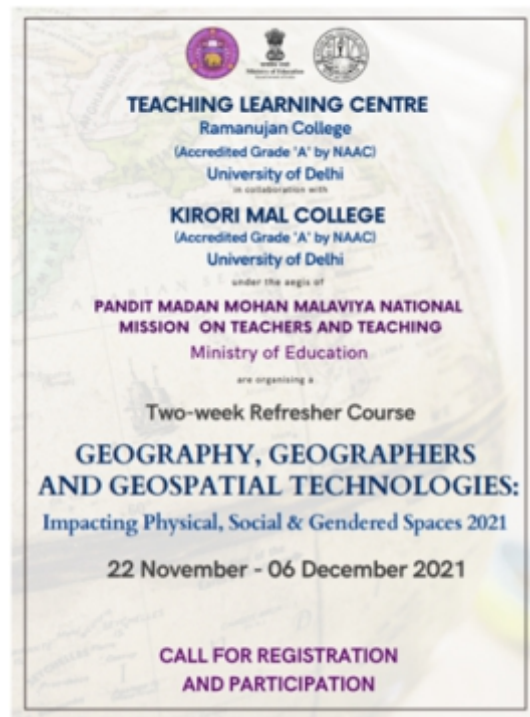
Online Induction Training/ Orientation Programme from November 19- December 18, 2021





# UPCOMING & ONGOING EVENTS

Two-Week refresher Course from November 22-December 06, 2021

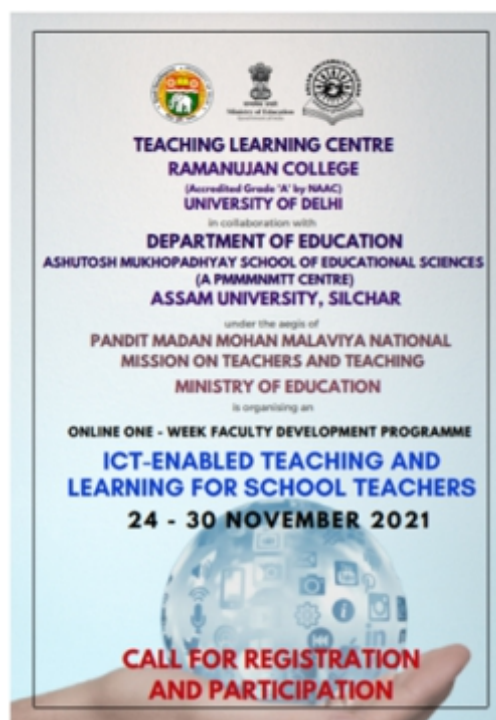


Diploma Course



# RECENT EVENTS

Online One-Week FDP from November 24-30, 2021



One Week Online Self-Paced Capacity Building Workshop from November 16-22, 2021

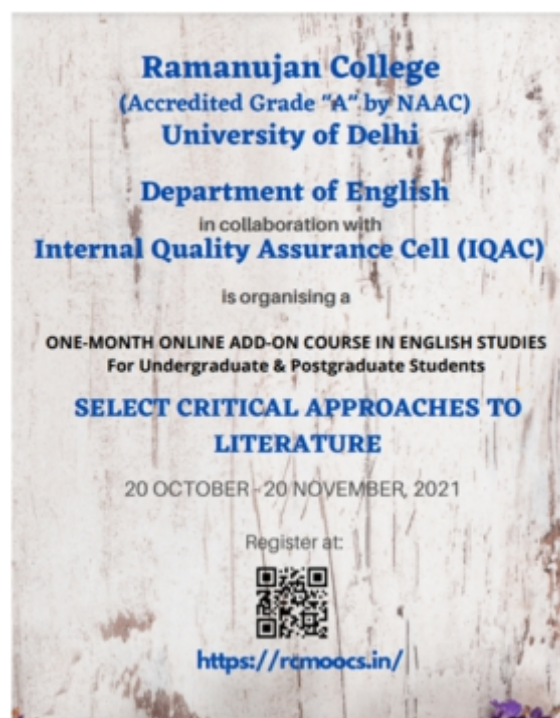


# RECENT EVENTS

Online Two-Week Interdisciplinary Refresher Course from November 08-22, 2021



One-month Online Add-On Course from October 22 – November 20, 2021



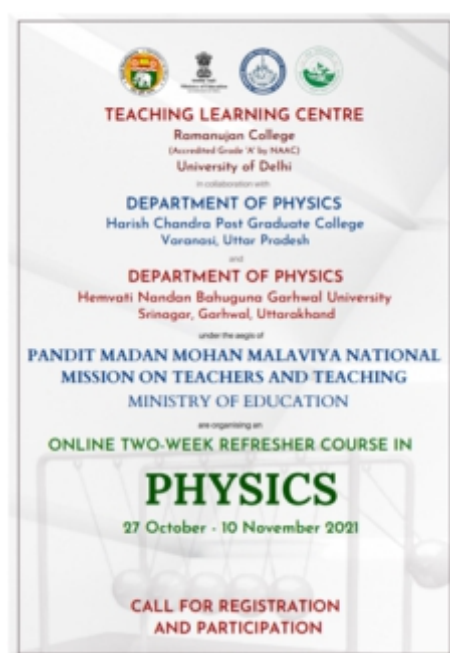


# RECENT EVENTS

Two-Week Refresher Course/ FDP from October 23 – November 01, 2021



Online Two-Week Refresher Course from October 27- November 10, 2021



# RECENT EVENTS

One-Week Inter-disciplinary FDP from October 27 to November 03, 2021



Online Induction Training/ Orientation Programme from October 19 – November 18, 2021



# ... IN THE MEDIA

## Values Vaccine

Editorial by T K Mishra



We all want happiness but finding real happiness seems so difficult. Many evolved beings would suggest adherence to values such as honesty, compassion, gratitude, forgiving and loving, for real happiness.

We know all of that, yet happiness eludes us. Because neither do we strongly believe in what we know as values nor do we ever practice them. Only fortunate ones believe as well as practice them to experience happiness.

Aristotle concluded 'The Ethics' by talking of the highest form of happiness, a life of intellectual contemplation. Since it is the reason that separates humans from animals, its exercise leads man to this highest virtue.

Happiness is our essential nature. It is not created but experienced. It is the natural state of everyone; it only needs efforts to experience this nature.

To experience it, we need a pure and guilt-free mind, a hearty body and, most importantly, a value system of decision-making.

Bankruptcy of values, causing irreparable ruptures within, got exposed during the current pandemic. The trauma of lives lost, scarcity and helplessness, and social distancing that hit most of us reflect on the need for a 'values vaccine' as much as for the virus.

So, as Covid vaccine is important for public health, an institutionalised system to ensure 'values vaccine' as a public good is important for real happiness.



Ethics & Happiness: Panel Discussion

*Editorial Assistance by: Dr. Anshika Agarwal*