

MAY 2022

| ramanujan refreshers



Ramanujan refresher brings to you all the latest developments, and updates about faculty, students, research studies, projects and the upcoming events, including cultural activities

REFLECTIONS

A note from the editor: **Applying positive psychology to teaching is one of the reasons why Ramanujan got 'A++' from the NAAC this year**

One is compelled to figure out the reasons why Ramanujan got this grade by the NAAC, which no Delhi University College has got yet. I believe, applying positive psychology to teaching could be one of the main reasons.

Perhaps, we realized at Ramanujan that to rewire student's strategies against abnormalities, a positive psychological intervention is needed. Strangely enough, by every statistic; I know, the world is better. But, given that, why do people think the world is worse? So, I think, positive psychology needs support. There is so much good news and heroism in the world. First of all, it's important to think about what we teach. Are we only pointing out what's wrong, what's dissent, and where people differ? Or should we be looking at where we can collaborate, have visions for communities? Or can we facilitate a more visionary, productive debate on education?

Often we assume that people are victims of hardship, and have to fight if a natural disaster happens, it's all about misery and losing lives and setbacks. But in the same scenes we will find people who collaborate, help each other, and grow from trauma.

If you think that by pointing out where things are not working, we keep society well-functioning, is that really true? Or isn't it just equally, or even more important, to add where things are going well, or could go better, or how things can be improved and are improving? Don't we need to tell students what they should adopt and what not? Well, that is what our College Principal Prof. S. P. Aggarwal reiterates. It was my turning point when I talked to my student, after the pandemic. I wanted to know the stories about those who lost their parents, dear ones, homes and jobs. And this student had a great interview. I asked her to elaborate about how hard it was, how she felt losing her parents, classes and her finances at the same time. She was very honest and bold. But suddenly, she said, "But I've also learned something." And I was stunned thinking, "What can you possibly have learned from this crisis?" And then I asked, "What have you learned?" And out came this beautiful answer that she was stronger than she thought, having gotten a better relationship with her brother, and knowing that there are people around her that actually stepped in to help her. She forced me to see her as something

REFLECTIONS

else than a victim. I realized that what I had been applying sub-consciously in all my years of teaching is a reality. I understood that positive psychology framed my world like that. I was absolutely assured to what people actually can be. And when she affirmed that, I wanted to change much more.

"We know a lot about negative emotions, about post-trauma stress, about victims, about negative relationships, about dissents and conflicts. But we know less about all the positives" says our IQAC Director Prof. K. Latha. It was some of the fascinating constructs from positive psychology that really opened my mind to how big the world is. And I'm now teaching these constructs to my students, to enhance their outlook on the world. I love to highlight learned optimism, resilience, grit, the concept of post-traumatic growth, and the broaden-and-build principle, that positive emotion really expands your outlook and fosters creativity and collaboration. So, while making positive emotion as a source I teach them, that gives a better learning outcome. When they are happier, they listen more, they expand their heart, they are thinking more, they reflect more, and they are able to participate more.

"Portraying the world accurately is a fundamental value in teaching", emphasises Prof. Aggarwal. For instance, we are teaching how we can view refugees coming in from Afghanistan, Ukraine, from Syria, into a lot of European and Asian countries. If we in teaching only see them as victims, we tend to teach them in a specific manner. Not asking them for their hope, their resources, what inspiration they can give us, what they are aiming to do with their future, how they will create a more productive and happier lives for themselves and their families.

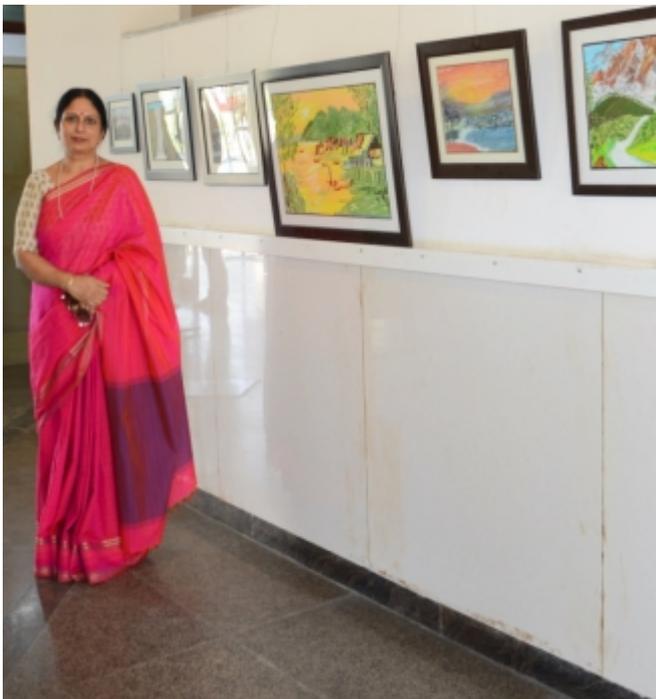
Instead of a world that's going down the drain, we also need to look at progress, where things are enhancing, democracy is growing, education is rising, innovation is ushering, and poverty is diminishing. ***Positive teaching is uplifting, and they adhere to core functions of education, like being ethical, being the watchdog of happiness and well-being or being the agent of environmental protection.*** Perhaps, applying this particular style of teaching by the teachers of Ramanujan College has been one of the major reasons why we got "A+ +" grade by the NAAC this year.

Prof. T.K. Mishra
Vice-Principal

IN BEATS

**COLLEGE PRINCIPAL
PROF. S.P AGGARWAL**

“The great achievement of this college is because of the team effort of my friends and colleagues”.



**IQAC DIRECTOR
PROF. K. LATHA**

“I feel deeply indebted to my colleagues for their distinctive efforts and untiring cooperation in achieving this distinctive milestone”.

IN BEATS

IN ACTION



College Principal and NCC cadets greeting NAAC members



Dr Nirmalya Samanta, introducing the program of action to the visitors of NAAC

IN BEATS

WELCOMING THE NAAC PEER TEAM



IN BEATS

PRINCIPAL'S PRESENTATION



NAAC TEAM AT COMPUTER LAB



IN BEATS

IQAC PRESENTATION



RESEARCH AND SERVICES CELL PRESENTATION



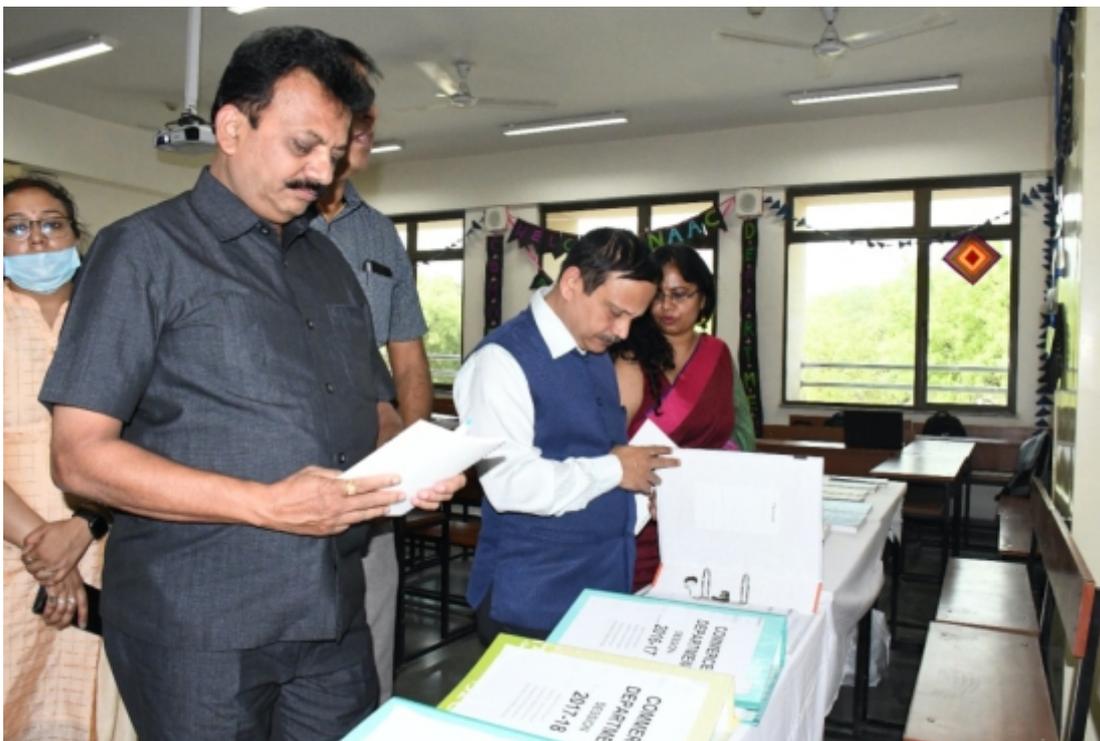
IN BEATS

DEPARTMENTAL VISITS



IN BEATS

DEPARTMENTAL VISITS



IN BEATS

DEPARTMENTAL VISITS



COLLEGE TOUR of the NAAC Peer team



IN BEATS

COLLEGE TOUR of the NAAC Peer team



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COLLEGE TOUR of the NAAC Peer team



SPOTLIGHT

PETRICHOR – SAVE SOIL EVENT AT RAMANUJAN COLLEGE

Report by: NABIHA ASHRAF B.Sc. Environmental Science (Hons.)



ABOUT THE CAMPAIGN

The SAVE SOIL movement is a race against time to prevent soil extinction, which was created as a part of Sadhguru's Conscious Planet Project. Its aim is to draw attention to dying soil and expand desertification around the world. The goal is to persuade countries to adopt national policies directed at boosting the organic content of cultivable soil. The objective of the campaign is to inspire the citizens of the world to compel their leaders to take initiatives that help prevent the soil degradation (<https://consciousplanet.org/>). Save Soil is a global movement launched by Sadhguru.



SPOTLIGHT

AMBEDKAR JAYANTI CELEBRATION



Action is more important than merely remembering Dr. B.R. Ambedkar, said Prof. B.S Gautam, Department of Political Science, Ramanujan College, while speaking as the main speaker of the event. He also discussed four pillars of Dr. Ambedkar's thoughts Mahila Kalyan, Caste system, Education and Quality of Life. Prof. T.K Mishra emphasized various ethical lessons and teachings of Dr. Ambedkar. Mr. Mahavir, President , College Karamchari Union thanked all the teachers , non teaching members and students who were present in the function.



RECENT EVENTS

One-week FDP on "Soft Skills": 17-23 Mar 2022



One-week FDP on "National Education Policy 2020": 28 Mar-03 Apr 2022



RECENT EVENTS

Two Week Interdisciplinary Refresher Course on "Advanced Research Methodology": 22 Mar - 05 Apr 2022)



Two-week Interdisciplinary Refresher Course on "Environment & Human Health": 28 Mar-11 Apr 2022



RECENT EVENTS

UGC-sponsored two day national conference on "Advanced Statistics & Applied Sciences": 30-31 Mar 2022



हिंदी विभाग, रामानुजन कॉलेज और विश्वविद्यालय अनुदान आयोग (यूजीसी) के संयुक्त तत्वावधान में आयोजित द्विदिवसीय (28–29 मार्च 2022) राष्ट्रीय संगोष्ठी में शोध-पत्र वाचन व पंजीकरण की सूचना



RECENT EVENTS

Two-day Hybrid Mode National Seminar on "The Rising Era of Entrepreneurship: Discover an Entrepreneur and Skill Enhancement" 24-25 Mar 2022



 **Ramanujan College**
NAAC "A" Grade
University of Delhi 



**The Rising Era of Entrepreneurship:
Discover an Entrepreneur and Skill
Enhancement**
March 24-25, 2022
HYBRID MODE

Organised by
Entrepreneurship Cell
Ramanujan College
&
Department of Commerce
Ramanujan College

UPCOMING EVENTS

Online Two-Week Refresher Course In “Computer Science”: 20 April- 4 May 2022



Online Two-Week Interdisciplinary Refresher Course in “Managing Online Classes And Co-Creating Moocs”: 6-20 April 2022

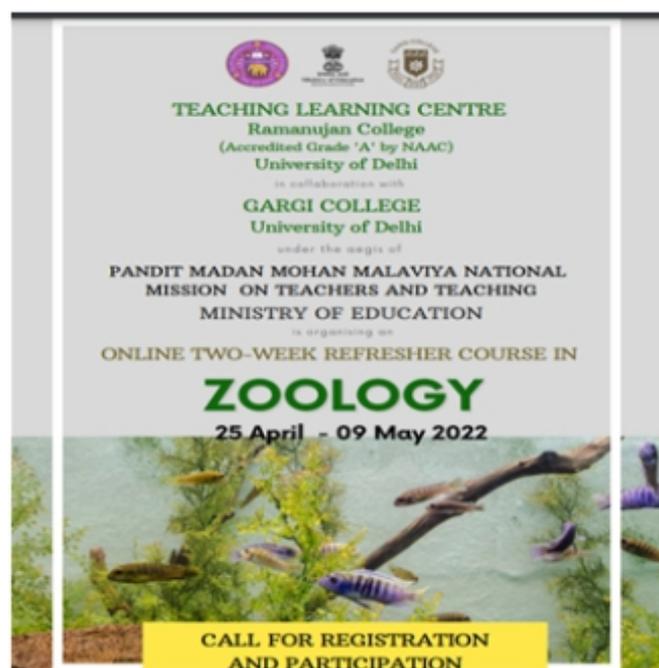


UPCOMING EVENTS

Online One Month Faculty Induction Program: 20 April-19 May 2022

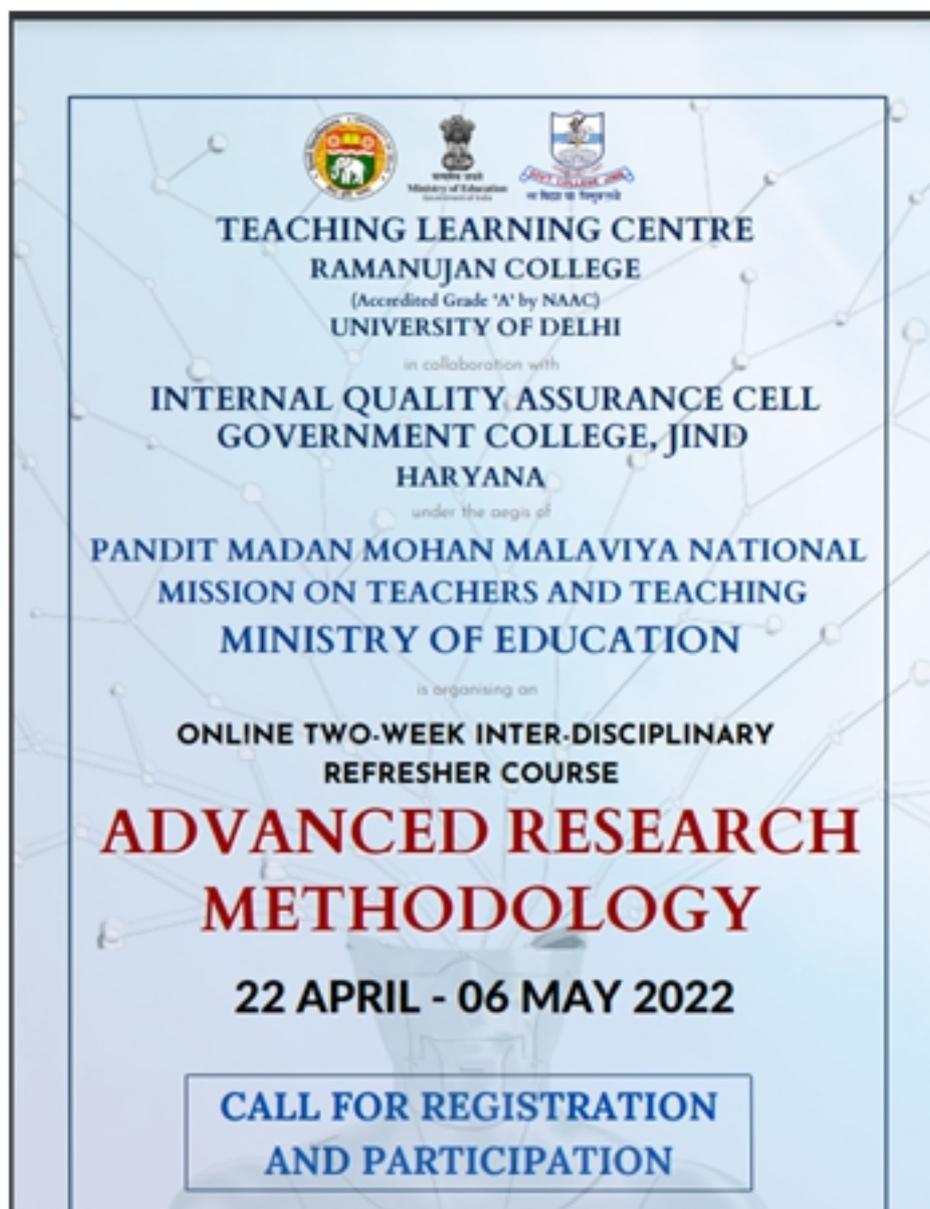


Online Two-Week Refresher Course In "Zoology": 25 April-9 May 2022



UPCOMING EVENTS

Online Two-Week Refresher Course on "Research Methodology": 22 April- 6 May 2022



The poster features a light blue background with a network of white nodes and lines. At the top, there are three logos: the University of Delhi, the Ministry of Education, and the Government College, Jind. Below the logos, the text reads: "TEACHING LEARNING CENTRE RAMANUJAN COLLEGE (Accredited Grade 'A' by NAAC) UNIVERSITY OF DELHI in collaboration with INTERNAL QUALITY ASSURANCE CELL GOVERNMENT COLLEGE, JIND HARYANA under the aegis of PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING MINISTRY OF EDUCATION is organising an ONLINE TWO-WEEK INTER-DISCIPLINARY REFRESHER COURSE ADVANCED RESEARCH METHODOLOGY 22 APRIL - 06 MAY 2022 CALL FOR REGISTRATION AND PARTICIPATION".

TEACHING LEARNING CENTRE
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(Accredited Grade 'A' by NAAC)
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